

## I Wake Up Every Day and Give a Big Mental Hug to the Orthopaedic Team at SMGH!

“My family has a history of knee issues, so I was not surprised that I needed knee replacement surgery,” explains Linda. That time came in October 2013 with Linda’s first of two knee replacements at Strathroy Middlesex General Hospital (SMGH). Dr. Vaishnav Rajgopal performed the first on her right knee with the second scheduled for January 2014.

Even though the first was a huge success, Linda was not ready for her second procedure and decided to reschedule it for May of 2015. “My rehabilitation and therapy took a lot out of me, and I wanted some time to enjoy the results before going through the emotional and physical pain of my second knee replacement.” says Linda.

Linda continued her knee exercises and therapy at home, preparing herself for her second knee surgery. “My recovery was much easier and quicker due to the exercise program I was given by the physiotherapists at SMGH,” shares Linda, “I look at these two knee replacements as an amazing gift. I could never put a price on getting my independence and mobility back and the freedom to do the things that I love, travelling and volunteering for the Auxiliary at SMGH. The skills of our orthopaedic surgeons at SMGH are priceless and the dedication they have for their patients’ care is world-class!” You may have had a similar experience with our orthopaedic surgeons or the other fine specialists here at SMGH.

**Please donate today and join me in supporting our amazing doctors and health care professionals that give people, like me, the chance to continue living their lives pain-free!**



Linda Peters  
SMGH Auxiliary President

Sincerely,

Linda Peters, SMGH Auxiliary President

## Donate And Honour Our Amazing Doctors on Doctor’s Day, March 30, 2018. Here Are Some of Them: Our Orthopaedic Team.

“The main reason a patient might have joint replacement surgery is to reduce pain and improve their quality of life,” says Dr. Vaishnav Rajgopal.

According to Dr. Rajgopal one of the leading reasons for these joint replacement surgeries is the ongoing affects of arthritis. He meets with all patients to discuss if they’re a candidate for surgery through a physical examination of the joint and reviewing X-rays and other medical history documents.

Dr. Rajgopal completed medical school at Western University in 2003 and completed his orthopaedic residency at University Hospital in 2008. He completed an Adult Reconstruction Fellowship in 2009 and later that year Dr. Rajgopal joined the orthopaedic team at SMGH, where he specializes in hip and knee replacements.



Dr. Vaishnav Rajgopal

“When you walk through the doors of SMGH there is a positive, community-minded, patient-centric atmosphere that is unlike any other hospital, this feeling makes working here a pleasure.” says Dr. Chris Chant. “That is why practicing in Strathroy at SMGH was an easy decision for me and my family.”

Dr. Chant attended medical school at Flinders University of South Australia in 2003 returning to London for his orthopaedic residency in 2007. He completed his residency in 2012, then continued his training in sports-related orthopaedic surgery at Fowler Kennedy Sport Medicine Centre for another nine months. In 2013 Dr. Chant joined the staff at SMGH where in addition to repairing sports injuries such as rotator cuffs and torn ACLs, he specializes in shoulder and knee surgery.

“Whoever needs us, by continuing to expand our services, we can provide a better level of care in a more convenient location for our patients.” shares Dr. Chant.



Dr. Chris Chant

Following in the footsteps of his older brother Dr. Vaishnav Rajgopal and his father Dr. Chellappa Rajgopal, Dr. Raghav Rajgopal attended Western University medical school in 2006 and later his residency at LHSC from 2010 to 2015.

He completed an Orthopaedic Trauma/Foot and Ankle Clinical Fellowship in London and later an Orthopaedic Lower Limb Reconstruction Clinical Fellowship in Toronto.

Dr. Rajgopal joined SMGH in the spring of 2017 where he specializes in foot and ankle surgery. “I could not pass up the opportunity to join Dr. Chant, my older brother and the amazing orthopaedic team at SMGH,” shares Dr. Rajgopal. “My specialty in foot and ankle trauma will allow patients to have their surgery close to home without the need to travel.”



Dr. Raghav Rajgopal

**“Having a top-quality orthopaedics team, that continues to be recognized here and further afield, along with leading-edge technological equipment, is vital to our hospital and community.” says Susan McLean, CEO, SMGH Foundation. “Since the government does not fund this equipment, it is only through the generosity of our donors that they have the surgical tools they need to ensure the best outcomes for patients at SMGH.”**

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